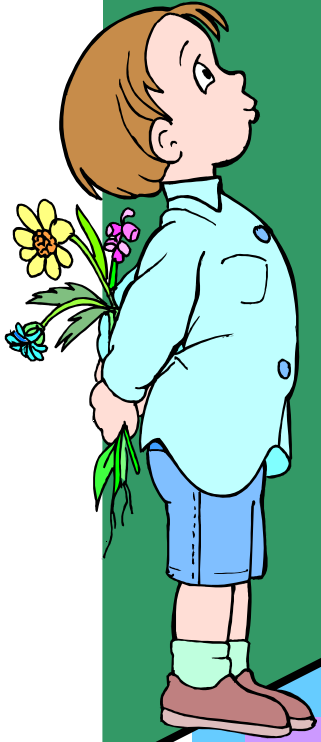


APOLOGISING!



I AM SORRY...

Humility

FOR *(what I did)* ...

Ownership/Responsibility

PLEASE FORGIVE ME...

Surrender

At some point in time we all need practice at saying the words "I was wrong".

This can be slotted in after the first point as needed.